



ST. JOSEPH COUNTY

CRISIS INTERVENTION TEAM

Cindy Schulz, MSW, LCSW- Oaklawn CIT Coordinator
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Bianca Tirado
City Clerk, South Bend, IN



What is CIT?



Memphis Model

- 1988 community tragedy and public outcry
- Young man with schizophrenia killed by police
- Memphis PD Major Sam Cochran: first responders need improved training

Incorporates intellectual & developmental disabilities (IDD)

- Effective responses to people with IDD

Complement to crisis response programs

- Development and implementation

Police-Mental Health Collaboration (PMHC) in Crisis Response

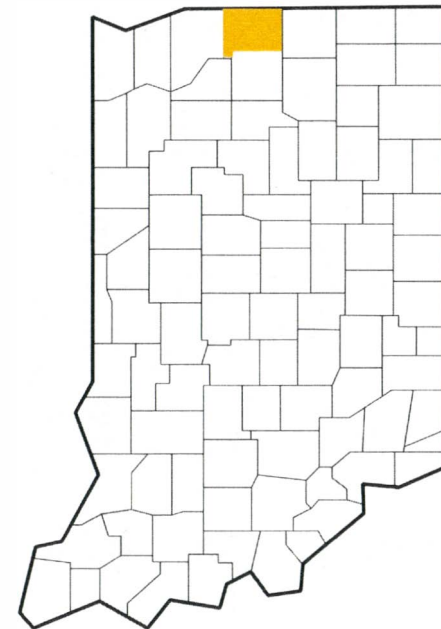
- PMHCs are developed to provide safe, effective responses to people with mental health conditions and/or substance use disorders
- Aim to improve safety, increase access to services, reduce repeat encounters, and enhance police-community relations
Can take many different forms, but programs are characterized by 10 Essential Elements





What does CIT look like in St. Joseph County?

- Steering & training committee
(community partners and sponsors)
- Awards & Recognition
 - Gold Certification – what that means
 - State award





What is Crisis Response & Intervention Training (CRIT)?

- 40-hour training designed to prepare law enforcement officers in their response to people in crisis
- Following training, officers should be able to...
 - ✓ Recognize individuals experiencing behavioral health or IDD (intellectual and developmental disabilities)-related crises in the community
 - ✓ Employ tactics to manage crisis situations
 - ✓ Access local resources, divert individuals away from the CJ system
 - ✓ Ensure the safety of citizens, officers, and the community

40 Hour CIT Certification Syllabus for 2024:

Monday, May 5

8:00 am to 8:30 am

Welcome and Introduction to CIT (Pre-Training Survey)—Ofc. Casey Hof, MS and Cindy Schulz, LCSW

8:30 am to 9:40 am

Perceptions and Attitudes on Behavioral Health and Disabilities—Ofc. Hof and McMurray, Brooke Marshall, LCSW

9:40 am to 9:45 am—Break

9:45 am to 11:30 am

Understanding Mental Health Conditions and Mental Illnesses/ Psychotic Disorders—Brenda Chupp, LCSW & Dory Lawrence, MA

11:30 am to 12:15 pm—Networking Lunch

12:15 pm to 1:15 pm

Hearing Voices Activity—CIT Trainers

1:15 pm to 1:20 pm—Break

1:20 pm to 2:55 pm

Substance Use Disorders and Narcan—Brooke Marshall, LCSW

2:55 pm to 3:00 pm—Break

3:00 pm to 4:00 pm

A Different Kind of Force: Policing Mental Illness—Film

Tuesday, May 6

8:00 am to 9:20 am

Intellectual and Developmental Disabilities—Dr. Diehl

9:20 am to 9:25 am—Break

9:25 am to 10:30 am

CIT Body Cam Video Review, Part 1—Randall McMurray & Casey Hof, MS

10:30 am to 11:40 am

Suicide—Dr. Kent Laudeman

11:40 am to 12:25 pm—Networking Lunch

12:25 pm to 1:50 pm

Legal and Policy Topics—Casey Hof, MS & Cindy Schulz, LCSW

1:50 pm to 2:00 pm—Break

2:00 pm to 3:00 pm

Understanding Behavior Through a Trauma-Informed Lens—Kim Neff, LCSW

3:00 pm to 4:00 pm

Working with People Experiencing Homelessness—Carl Hetler, City of South Bend & Mary Bales, PhD



Wednesday, May 7

8:00 am to 9:00 am

Neurocognitive Disorders and Medical Mimics—Dr. Daniel Kinsey

9:00 am to 9:05 am—Break

9:05 am to 10:25 am

Community Resources: Mobile Crisis Services and Crisis Stabilization—Ricky Mountsier, LSW

10:25 am to 10:35 am—Break

10:35 am to 11:40 am

Veteran's Services—Major Knight

11:40 am to 12:15 pm—Networking Lunch

12:15 pm to 2:00 pm

De-escalation Communication Skills (Empathy and Summarizing Activities)—CIT Trainers

2:00 pm to 2:10 pm—Break

2:10 pm to 4:00 pm

De-escalation Strategies—CIT Trainers

Thursday, May 8

8:00 am to 10:00 am

Trauma and Post-Traumatic Stress Disorder—Kim Delcourt, LCSW

10:00 am to 10:10 am—Break

10:10 am to 11:00 am

Officer Mental Health and Resiliency—Casey Hof, MS

11:00 am to 12:00 pm

CIT Body Cam Review, Part 2—Randall McMurray & Casey Hof, MS

12:00 pm to 12:45 pm—Networking Lunch

12:45 pm to 1:45 pm

Community Resources: Memorial ER and Epworth—Steve Spurrier, MBA

1:45 pm to 1:50 pm—Break/Store Weapons

1:50 pm to 4:00 pm

Scenario-Based Skills Training—CIT Trainers



Last day

Friday, May 9

8:00 am to 11:30 am

Personal Connections Site Visits—Upper Rm. Clubhouse, CSU, Miller's Vet, Oaklawn

11:30 am to 12:00 pm—Networking Lunch at SBPD Auditorium

12:00 pm to 1:00 pm

Family and Peer Perspective Panel—Cindy Schulz, LCSW

1:00 pm to 1:10 pm—Break/Store Weapons

1:10 pm to 3:10 pm

Scenario-Based Skills Training—CIT Trainers

3:10 pm to 4:00 pm

Post-test and Evaluations, Graduation and Awards
2025 CIT Officer of the Year



Yearly Refresher/8 Hour Training:

8:00am—8:15am

**Welcome and Intro to CIT/Memphis Model,
housekeeping/admin**

Ofc. Casey Hof, SBPD

8:15am—9:00am

Real Services-April Pierce

9:00am-9:40am

Memorial ER and Epworth—Steve Spurrier, Jacob
Downs

9:40am-9:50am-Break

9:50am—10:35am

Carl Hetler-City of South Bend Services

10:35am-10:45am-Break

10:45am—11:40am

**Crisis Services, Mobile-Ricky Mountsier,
Derrick Perry, Oaklawn**

**11:40a-12:10pm-Networking Lunch
(provided)**

12:10pm-12:40pm-Bodycam Review

Ofc. McMurray and Ofc. Hof

12:40pm—1:00pm

CIT Officer panel and open discussion

Ofc. McMurray, Ofc. Hof, Asst. Chief Banicki,
Ofc. Brick

1:00pm-1:30pm

**Active Listening / Verbal De-Escalation
Refresher**

1:30pm-1:40pm-Break & secure weapons

1:40pm-3:50pm-Role Plays

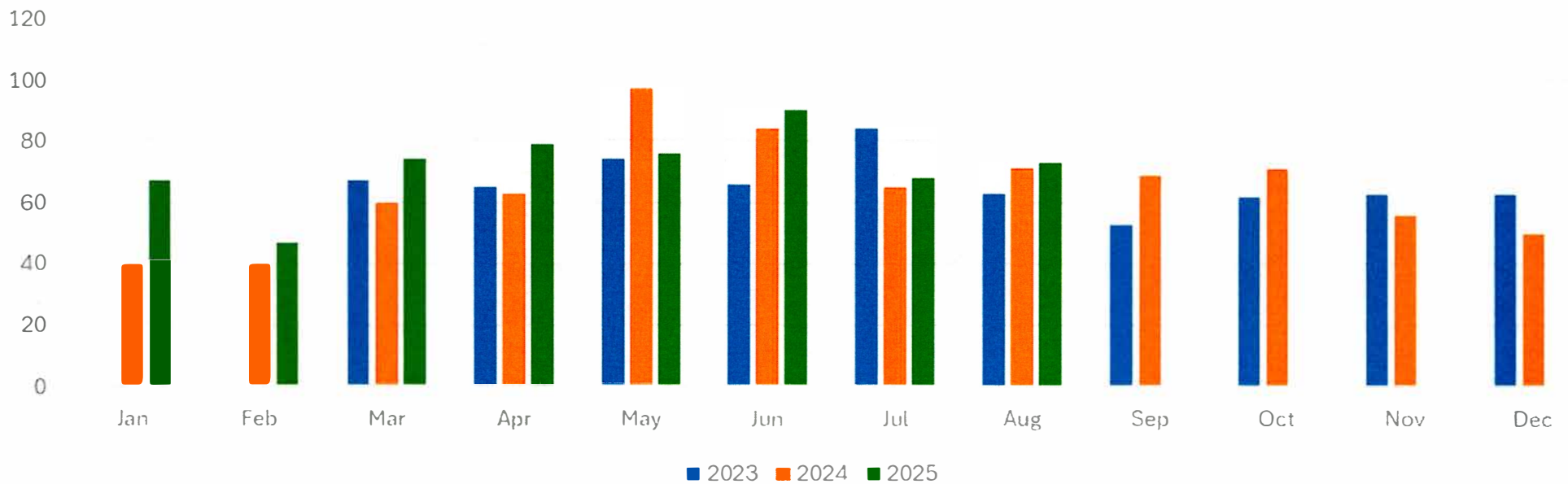
CIT Trainers

3:50pm-4:00pm-Closing Evals





Year over Year - Mental CFS





SBPD Code M Calls

2024

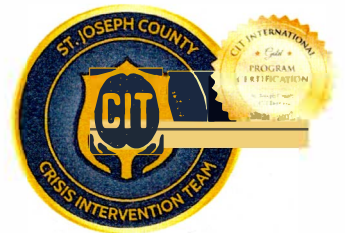
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Grand Total
1st Detail	20	12	26	23	37	46	19	26	44	33	22	21	329
2nd Detail	7	19	18	18	27	18	14	21	16	25	19	17	219
3rd Detail	13	9	16	22	33	20	32	24	9	13	15	12	218
Grand Total	40	40	60	63	97	84	65	71	69	71	56	50	766

2025

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Grand Total
1st Detail	36	20	29	38	25	27	35	29	239
2nd Detail	24	11	18	28	25	29	12	25	172
3rd Detail	7	16	27	13	26	34	21	19	163
Grand Total	67	47	74	79	76	90	68	73	574

What's next?

- Website
 - Resources
 - Partners
 - Training Announcements
- Partnership training



What we need support with...

- Julota – app that connects partners and community resources
 - One-click referrals
 - Notifications for law enforcement encounters
 - Real-time tracking of clients
 - Future opportunities to include Fire/EMS, Public Health, DHS, others
 - Common software for multi-agency case management
 - One-stop shop for resources
 - Simple reporting proving efficacy and outcomes





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QUESTIONS?